

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: icandance	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Mrs. Juliet Diener	Position: Principal and Founder
Website: http://www.icandance.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1137695
When was your organisation established? 10/08/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people reporting increased well-being as a result of taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. The children and young people who attend icandance require specialised 1 to 1 support. We require funding for the salaries of six specialist workers.
When will the funding be required? 01/09/2018
How much funding are you requesting? Year 1: £16,272 Year 2: £17,087 Year 3: £17,943 Total: £51,302

Aims of your organisation:

icandance believes that all children should have the opportunity to express themselves through dance and performance. Our approach is aimed at developing a creative experience for each dancer, a social connection to ease the burden of isolation and an opportunity to express themselves through their body.

Our aim is to offer children and young people with physical and learning disabilities a dance programme that enhances their skills, enables their social development and encourages their self-expression.

This is achieved by:

- Offering weekly dance classes staffed by expert dance therapists, community dance artists, special needs support workers and volunteers, working 1-to-1 or 1-to-2
- Creating a fun, nurturing and safe environment
- Providing financially accessible classes by subsidising the fees
- Providing respite for families
- Offering an opportunity for the dancers to participate in a large-scale, annual production in a theatre
- Sharing the icandance ethos, skills and experience with the broader community through community engagement projects and working in schools.

Main activities of your organisation:

icandance offers dance and performance opportunities to children and young people aged 4 to 25 years old with a variety of complex disabilities. Staffed by highly-trained and experienced support workers and committed volunteers, we are skilled in working with children with a wide range of needs, including those with complex, multiple and severe disabilities. Classes take place on Saturday mornings, Wednesday evenings and additionally at special educational needs schools. Saturday and Wednesday classes lead to the Annual Show in July. All dancers participate in this performance in a professional theatre, which is a fabulous explosion of lights, music, costume and choreography and a celebration of their creativity and self-expression. The Show is the focus and goal of the year's sessions. We also offer a Winter awards ceremony where we celebrate the achievements of each dancer; Sibling Days, Family Discos and a Summer Holiday week-long project. We currently work with approximately 140 children weekly across our activities.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	13	4	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Renewed yearly

Summary of grant request

Icandance believes that dance and performance offer children and young people with disabilities social connection to ease the burden of isolation, creative expression to allow each child's inner voice to be heard and confidence to be seen and celebrated. These are the aims of our organisation and the basis of all that we deliver. We offer weekly dance sessions for children and young people with disabilities aged 4 to 25 years.

Led by highly-trained and experienced support workers and volunteers, we are skilled in working with children with complex, multiple and severe disabilities. Classes take place on Saturday mornings across two sites, on Wednesday evenings and during the school day at SEN schools in Camden, Barnet and Lambeth. Each year we hold an Annual Performance in a theatre, which is a wonderful celebration of the year's work, where each child can perform wearing costumes and experience the excitement of a professional production. We also offer a Winter Awards Ceremony, where we celebrate the achievements of each dancer; Sibling Days; Family Discos and a Summer holiday project.

The need for Icandance was identified by the Principal, Juliet Diener, in her work both as a Special Educational Needs specialist and as a Dance Movement Psychotherapist. Working mostly 1 to 1 in various specialist settings Juliet identified the need for children with disabilities to gain all the necessary inputs and skills offered through intensive 1 to 1 treatment but in a group, social experience with peers and a nurturing team.

On a weekly basis each child works with their support worker to develop their creative expression, movement skills, self-confidence, friendships and ultimately some moments of independence. Our approach is that the Icandance team create a framework for each dancer to imaginatively explore and offer opportunities to make choices and develop creatively within the session. The children make active choices concerning music, props, costumes, dance steps and formats of sessions supported by the boundaries, guidance and positive modelling of the staff. Many of our dancers are non-verbal and so alternative methods of communication such as PECS, Makaton, iPads etc. are used to encourage communication with each child. Dance allows each dancer to share thoughts and feelings without words as they creatively engage in the class through movement. These movements are supported and encouraged by the team and used within the performance choreography so that the Annual Performance is a culmination of each child's contribution. Our method draws on skills from Dance Movement Psychotherapy, Special Educational Techniques and dance. Our approach is unique and specifically targeted to meet the needs of the individual whilst offering a group experience. This is a unique service. We value not only diversity of skills but of backgrounds, learning and of experience. We value greatly our volunteers, especially our young volunteers many of whom are siblings of our dancers. We have a dedicated Volunteer Mentor who manages the training and development of each volunteer.

Every dancer at Icandance is unable to attend mainstream dance sessions and would otherwise be excluded from experiencing the joy of dancing.

We are aware of our carbon footprint and where possible work from laptops as well as meeting via conference calls to reduce travel. Most of our team members use public transport.

The work of Icandance could not be delivered without the skills and high ratio of specialist support staff catering for the specific needs of each dancer supporting at a high level of engagement. Our request is for funding to support six workers and the vital work they deliver in making dance possible for many children and young people with complex physical and learning needs.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

None

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To support each child in accessing the Annual Performance. This provides an opportunity for every dancer to rise to the challenges of rehearsal and performance, to the thrill of public performance and to receive the applause and celebration they deserve.

To offer an opportunity for creative self-expression. Despite the physical and learning difficulties challenging our dancers' ability to express their thoughts, feelings and responses, at icandance they are encouraged to use movement in whatever way they can, and wish to, to overcome this. It is a profound and joyful achievement!

To support the development of social skills in the inclusive dance space. Participating in icandance gives our dancers the opportunity to make friends, to learn to be respectful of others' needs, and of their physical space, and to have positive role models in their Support Workers.

To gain new dance and movement skills. icandance is about what the dancer CAN do. This can be taking a step, clapping hands, moving the head in time to the music or learning a 3 minute hip-hop routine, we celebrate each dancer individually for what they achieve.

To offer respite for parents on a weekly basis. Our family community is precious to icandance. Being able to leave their child not simply in safe hands, but also in a fun, caring and healthy environment is very important to parents and gives them some rare time for themselves

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The Annual Performance is a celebration for each dancer as they participate in a creative, professional theatre production. The specialised workers support each dancer in accessing the performance and catering for their individual learning, physical and emotional needs so that each dancer can be applauded by their friends and family.

icandance believes that dance offers every child a voice as they share, connect and express through movement what they are thinking and feeling, whether they are verbal or non-verbal. Opportunities to be creative using various moves, shapes and props offer positive empowerment for each child.

icandance sessions allow each child to have fun, increase physical strength and health alongside peers in a safe, nurturing environment. The fun, interactive sessions encourage friendships and social skills to develop naturally in a non-threatening environment where communication is creative and supported by experienced staff.

Gaining new skills and exploring new ways to engage with their body is also part of what each icandance session offer. Each worker caters the class for each dancer so they can extend themselves at their level, developing their dance skills and feeling a sense of pride in their achievements.

Respite is crucial for families managing the care of their disabled child/sibling. icandance offers a safe, supportive community for families as well as respite for parents on the weekends. This allows opportunities for siblings to also experience an ease in the burden of care.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

icandance requires the skills and experience of each specialist support worker. These roles are core to icandance's delivery and sustainability. The salaries will be funded through other funding streams including Parents Fees, multi-year grants and regular donations from major donors. We are committed to achieving the amount needed to maintain the positions and to offer highly-subsidised fees for families.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

74

In which Greater London borough(s) or areas of London will your beneficiaries live?

Camden (43%)

Barnet (11%)

Islington (11%)

Brent (11%)

London-wide (24%)

What age group(s) will benefit?

0-15

16-24

25-44

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	58,696	61,631	64,713	185,040
Premises	17,785	18,574	19,608	56,067
Class / Other Expenses	6,492	6,817	7,158	20,467
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	82,973	87,122	91,479	261,574

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Brian Murtagh Charitable Trust	9,288	9,288	9,288	27,864
The Mercers Charitable Foundation	10,000	0	0	10,000
John Lyon's Charity	10,000	0	0	10,000
Parent Contributions	21,280	0	0	21,280
TOTAL:	50,568	9,288	9,288	69,144

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs - Specialist Support Worker payments	16,272	17,087	17,943	51,302
TOTAL:	16,272	17,087	17,943	51,302

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: July	Year: 2017
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Income received from:	£
Voluntary Income	23,403
Activities for generating funds	9,421
Investment Income	0
Income from charitable activities	15,144
Other sources	99,276
Total Income:	147,244

Expenditure:	£
Charitable activities	138,282
Governance costs	2,006
Cost of generating funds	607
Other	0
Total Expenditure:	140,895
Net (deficit)/surplus:	6,349
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	6,349

Asset position at year end	£
Fixed assets	1,116
Investments	0
Net current assets	52,636
Long-term liabilities	0
*Total Assets (A):	53,752

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	53,752
*Total Reserves (B):	53,752

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	8,097	495	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
John Lyon's Charity	5,000	15,000	20,000
The Mercers' Company	0	10,000	10,000
BBC Children in Need	10,600	10,600	0
The Brian Murtagh Charitable Trust	6,000	6,000	9,288
The Davis Foundation	0	0	10,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Juliet Diener**

Role within **Principal**
Organisation:

Funding required for the project

APPENDIX A

(LARGED REQUEST)

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs (1 dance facilitator and 6 paid support workers per class, 2 classes total)	52,096	54,701	57,436	164,233
Premises hire (2 school halls, 5 hours each @ £35 ph, 31 weeks per yr)	11,375	11,944	12,541	35,860
Class / Other Expenses (refreshment, materials etc)	1,900	1,995	2,095	5,990
TOTAL:	65,371	68,640	72,072	206,083

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Parent fees	37,563	37,563	37,563	37,563
Personal Donations	2,500	2,500	2,500	2,500
TOTAL:	40,063	40,063	40,063	40,063

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
6 Support workers – fees	17,040	17,892	18,786	53,718
TOTAL:	17,040	17,892	18,786	53,718